

Dear Parents

The year has begun well with a seamless transition of Kindy children to school and Year 4 children to the Senior room. This is one of the advantages of a small school. It was wonderful seeing the older children helping Claire and Reece learn the ropes. Reece did tell me that the bell (siren) was too loud. I am inclined to agree.

Swimming Lessons

The children are enjoying the swimming lessons and are always full of enthusiasm to attend. They were particularly welcome on the 40+ days. I am amazed at how much they improve in such a short time. Yesterday, I watched the older group learning basic resuscitation techniques - they could well save someone's life!

Permission Forms

On Monday, several forms were sent home for parent perusal and signature. This is an annual practice to ensure our information is up to date and necessary permissions are current. Please complete ASAP and return to school.

Boots

We need old boots, similar to picture, for a craft activity. Their condition is not important. If you have any, please send to school.



Voluntary Contributions

Your voluntary contributions assist the school in providing materials to improve your child's learning experiences. It would be fantastic if all contributions could be received during Term 1. Families may choose to send in cash, a cheque or pay by direct deposit to our ANZ BSB 016798 ACCOUNT NUMBER 253884676.

Please make sure that you identify your deposit with your child's name to ensure that we credit it correctly.

BIRTHDAYS

Students:

Claire Birtles 28.02.15
Patrick Rose 01.03.15

4 years old
10 years old



Dates to Remember

Swimming Lessons	9 th February - 20 th February
P&C Meeting	Monday 23.02.15 - at MR Hotel.
Labour Day Holiday	02.03.15
School Council and Finance Meeting	Monday 09.03.15
Term One Assembly	27.03.15
Term One finishes	02.04.15

Awards

Judd Della Bosca for his excellent persuasive text.
Hamish Irving for making an excellent start to Year 5.
Brodie Eiffler for having a fantastic start to the school year and his great attitude towards giving new



Shop Lunches

Karen Webb will be away the last Thursday of Term, Thursday 2nd April and has advised that there will be no shop lunches available on this day.

Uniforms

We have some second hand uniforms at the school that parents have kindly given to the school.

1 x size 8 yellow polo shirt with emblem

4 x size 10 Jumper with logo

1 x size 10 jumper without logo

Please contact Josie at the school either by phone or email if you would like any of these uniforms.

Regards

Lyndy Richmond

Principal

Principal: Lyndy Richmond - Registrar: Josie Kent - Phone: 08 9049 1176 - Fax: 08 9049 1261

Email: lyndy.richmond@education.wa.edu.au josie.kent@education.wa.edu.au

Website: www.moorinerockps.wa.edu.au

Address: Physical: Moorine South Road, Moorine Rock WA 6425 Postal: c/- Post Office, Moorine Rock WA 6425



Australia's Healthy Weight Week

February 16 – 22 is *Australia's Healthy Weight Week* (AHWW), developed by the Dietitian's Association of Australia to kick start healthy eating habits.

Being a healthy weight gives you more energy to keep up with your kids, and be their healthy role-model. It is also important to reduce your risk of Type 2 Diabetes, some cancers, heart disease and can have a positive effect on your mental health.

This year's focus is on home cooking. When you make meals and snacks at home you are in control of the ingredients and the portion sizes, and can change recipes to make them healthier for your family.

Why not visit the website <http://healthyweightweek.com.au/get-involved/> and get involved in Healthy Weight week? See the range of free nutrition fact sheets with tips on budget eating, smart food swaps, and healthy meal plans to name a few.

There are also tips on eating better, moving more, understanding food packaging and how to assess your body weight. Why not try the Cooking Challenge or the AHWW 10 week challenge too?

Everyday Healthy: Seasonal, fresh and tasty is a recipe book that has been developed for the AHWW Cooking Challenge and can be downloaded free at: <http://healthyweightweek.com.au/australias-healthy-weight-week-cookbook/>

IMPORTANT NOTICE GRAIN STORAGE FUMIGATION AT CBH SITES

During harvest grain is delivered to CBH sites across the Western Australian wheatbelt where it is placed into bulk storages.

When stored for long periods of time, grain is fumigated to protect it from grain insects.

CBH carries out fumigation activities at all sites and storages across the state. Whilst grain is under fumigation it is not safe for any person without the appropriate safety equipment to go near the storages. Phosphine is a toxic gas used to fumigate grain and is dangerous to your health if inhaled.

For your safety, we ask that no person enters a CBH site outside of normal harvest delivery activities, especially where fumigation activity has taken place.

What you need to know about Phosphine:

- Phosphine is a colourless, flammable and toxic gas
- It has a strong garlic-like or fishy odour
- If you can smell Phosphine, you should move far away from it immediately
- Exposure to Phosphine can cause severe health issues and is lethal in some cases

For your safety, please make sure you keep away from grain storages with these signs:



For further enquiries, call the
Grower Service Centre
1800 199 083
cbh.com.au



BEWARE! *of*

GRAIN UNDER FUMIGATION

KEEP AWAY FROM
GRAIN STORAGE
UNDER FUMIGATION
& WHERE YOU SEE
'DANGER' SIGNS.



Take 5 - CBH fumigates grain against insects using a toxic gas called 'phosphine'. It's a colourless, flammable and toxic gas that clears to harmless levels over time but can be harmful to your health during treatment. It has a garlic-like or fishy odour so if you can smell it you should move far away from it immediately and seek help if you or someone you know starts to feel sick.



DANGER

Beware of CBH storages under fumigation

During harvest, grain is delivered to CBH sites where it is placed into bulk storages.



When grain is stored it needs to be protected from grain insects.



CBH uses phosphine gas to fumigate against grain insects.



For your safety, make sure you keep away from grain storages with these signs.



There are **195** CBH sites located in the wheatbelt from Geraldton to Esperance.



There are around **12** different types of insects that can damage grain.



Phosphine is a colourless, flammable and **toxic** gas.



CBH has around **600** separate storage facilities with up to 20 million tonnes of storage capacity.



An average of **10** million tonnes is delivered to CBH each year from grain growers.

A fumigation cycle can last between **14 - 90** days.



On average grain is fumigated **3** times a year.

Phosphine has a strong garlic-like or fishy odour.

If you can smell phosphine, you should move far away from it immediately.



Exposure to phosphine can cause severe health issues.



All CBH sites are private property. You should never enter a CBH site unless supervised by a CBH employee.



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